



# HESKIN MARTINEZ LAW GROUP

Focusing on Family Law  
Serving Orlando & the surrounding areas



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## The First 5 Things To Do When Your Spouse Asks For a Divorce

### 1. Take a deep breath.

Avoiding emotional tailspin is vital to your well-being right now. With this hard-hit, you still have to stay focused and take timely steps to get prepared.

### 2. Speak with an attorney to discuss your options and your rights.

After regrouping and organizing your thoughts and emotions, the next step would be to speak with an attorney to understand your rights and understand the legal process for divorce.

### 3. Read and review your county's local standing order.

Most counties in Florida have some form of a temporary standing order (or an Administrative Order). The language and terms change from county to county but typically require the same general principles. It's advisable that if you or your spouse is considering divorce, you read through your county's order to ensure you know what is expected of you.

### 4. Familiarize yourself with your family finances and make sure you have access to funds.

Once divorce proceedings have begun, you will need to disclose a substantial amount of financial information to your spouse and/or their attorney (and yours). It would be best if you began collecting this information and familiarize yourself with these finances as soon as possible since collecting your financial disclosures can be time-consuming.

### 5. Don't make a permanent change based on a temporary emotion.

When negotiating terms of your Marital Settlement Agreement and your Parenting Plan (if needed) you need to make decisions with the long term in mind and not sign an unfair agreement just to finalize it. These agreements oftentimes cannot be easily changed, if at all.

We've seen it all, heard it all, and we can be there for you through it all.  
Reach out at 407-403-5990 to let us help you through this tough time.



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